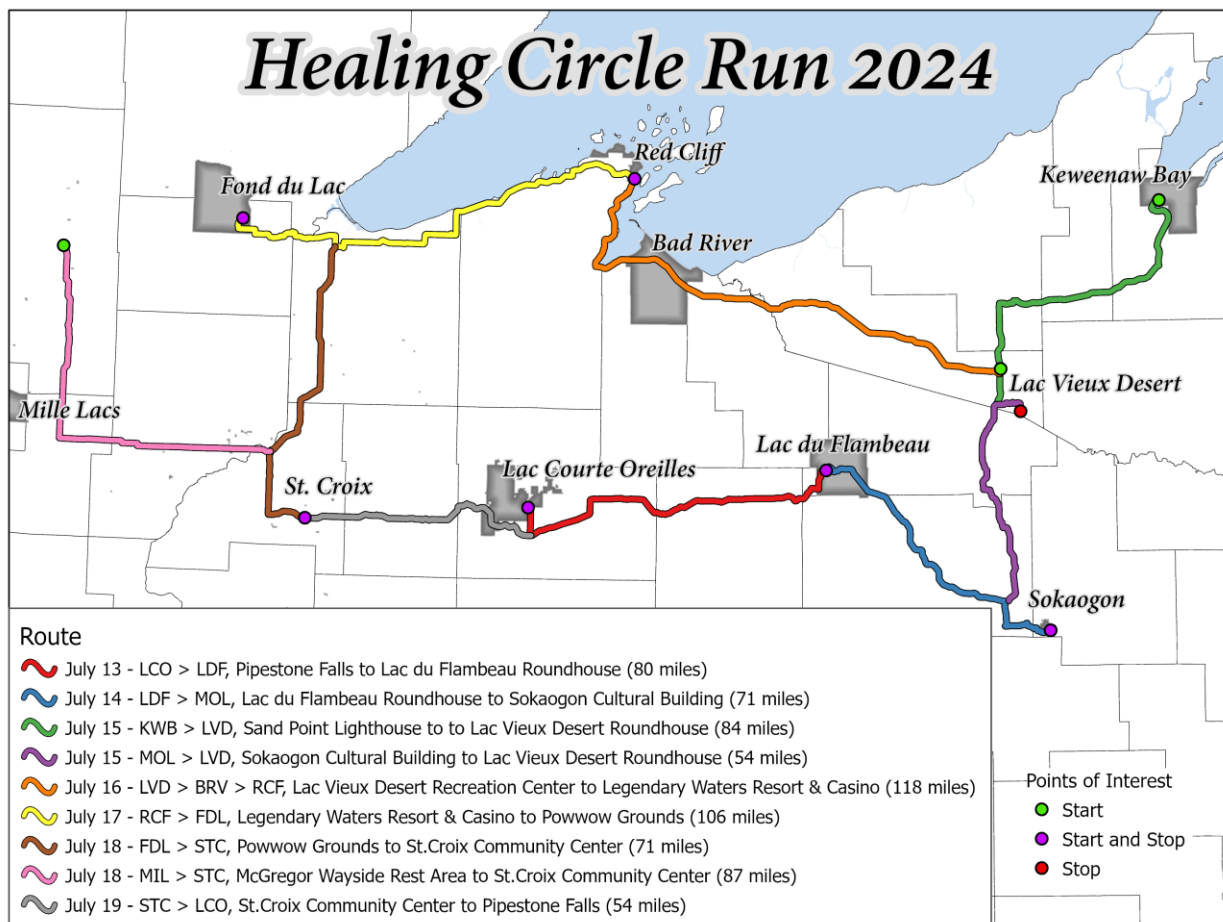


HEALING CIRCLE RUN

July 13-19, 2024

The 2024 "Healing Circle" run/walk is intended to be a prayer for healing. During the 2001 Healing Circle run/walk, participants thought of a teaching on healing - for a nation to heal, it must begin with the individual. As a person heals, then that person can help heal his/her family. As a family begins to heal, they can help heal their community. As communities heal, they can help the nation heal. As nations heal, they can help Akii (the earth), our plant and animal relatives to heal. Individual and family healing is possible after addictions (e.g. alcohol, drugs) and abusive or violent behavior are acknowledged, and steps taken to prevent them from returning. Healing is also needed after the loss of a loved one and by the incarcerated, the orphaned, and sick. Native people also suffer from the inter-generational trauma and scars left by war, racism, oppression, and many destructive policies aimed at assimilation. The 2024 "Healing Circle" run/walk will occur from July 13-19, 2024. The run/walk will connect ten Ojibwe reservations in northern Wisconsin, Michigan, and Minnesota (see below map) starting at the Lac Courte Oreilles Reservation on July 13, at Lac du Flambeau on July 14, at Mole Lake and Keweenaw Bay on July 15, at Lac Vieux Desert and Bad River on July 16, at Red Cliff on July 17, at Fond du Lac and Mille Lacs on July 18, at St. Croix and returning to Lac Courte Oreilles on July 19.



For more information or if you are interested in participating as a core runner, or having a group of runners from your reservation participate, please contact Miles Falck or Jenny Krueger-Bear at (715) 682-6619 or hcr@glifwc.org. Information will also be posted on GLIFWC's facebook page and website (<http://glifwc.org/hcr>).

All participants must assume personal liability, as well as responsibility for their own transportation and expenses.